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# Suicide Wayfinder

## Your Responses

Statement:	Treatment:	Hopelessness: 1	Depression: 1	Isolation: 2
Self-Injury:	Self-Concept:	Impulsivity: 1	Substance Use/Abuse:	Eating/Sleeping:
Loss or Bereavement:	Adjusting to Change:	Bullied/Teased:	Lethality Access: 3	Previous Attempts:

## Rating: HIGH

The data you entered indicates a high risk of suicide. Depending on your state and local laws, steps should be taken to have the individual of concern assessed for inpatient admission by clinical staff, emergency department staff, law enforcement, or other appropriate medical providers. For minors, parental and/or guardian notification should occur (and is allowed under FERPA) unless otherwise counter indicated.

### At-Risk Demographic (between the ages of 16-24)

- Connect them to peer and social supports and inspire hope
- Discuss a voluntary referral to counseling services/EAP
- Normalize their feelings and offer support and care

### Hopelessness

- Explore stressors and identify escalation triggers
- Normalize their feelings and offer support and care
- Connect them to peer and social supports and inspire hope

### Depression

- Discuss a voluntary referral to counseling services/EAP
- Explore stressors and identify escalation triggers
- Encourage healthy eating, exercise, and social activities

### Isolation

- Encourage a counseling/EAP referral
- Discuss any interruption of academic, social, and life skills
- Connect them to groups, clubs, and other structured social outlets

### Impulsivity

- Discuss harm reduction strategies
- Identify triggers and alternative responses
- Discuss a voluntary referral to counseling services/EAP

### Lethality Access

- Limit or remove weapons from the home
- Perform an open-source intelligence (OSINT) review to look for any concerning posts
- Involve emergency contacts/parents in a medication access plan

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No data is stored in this online system related to your entries. Users are encouraged to print and save the outcome to a PDF and maintain this according to your institution's data privacy standards.



For more information, contact [brian@dprep.com](mailto:brian@dprep.com)

*Pathways is an expert system that takes observations and user input and generates suggested interventions based on user input and research from psychology, criminology, threat, and law enforcement fields. Pathways provides support to threat teams and law enforcement in the summary and development of a risk mitigation plan. Information provided by Pathways should be used in conjunction within the context of the experience, research and expert judgement of law enforcement, counseling and threat assessment professionals.*

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